

# Washington State Collaborative: Diabetes and Adult Preventive Services

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## A systematic approach to quality improvement

Each team, consisting of health care providers and their staff, will test a series of small-scale changes in consultation with other teams and experts from around the state. This rapid-cycle improvement method will result in a disease prevention and management program that is tailored to individual practices.

Teams will choose to focus on either diabetes or preventive care for adults. The preventive care “track” will lead participants to focus on the following health services: diabetes screening, influenza and pneumonia vaccinations, mammography and Pap smears, tobacco-cessation counseling.

## An array of benefits to your practice and patients

Through participation in the Collaborative, you will

- receive assistance in setting up a registry for your practice,
- share experiences, materials, and lessons learned with other teams across the state,
- develop a practice that proactively focuses on prevention and care of chronic disease,
- increase job satisfaction among staff at your practice or clinic,
- increase the satisfaction and health of your patients,
- demonstrate leadership in your community of practice.

Over the past three years, 47 teams have participated in two previous Collaboratives on diabetes care. Participants report these measured benefits for their patient populations:

- improved glucose control,
- improved blood pressure control,
- increased screening for the complications of diabetes,
- increased patient self-management and satisfaction.

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## **Schedule**

Learning Session 1    November 4–5, 2002

Learning Session 2    February 3–4, 2003

Learning Session 3    May 5–6, 2003

Outcomes Congress    November 3–4, 2003

## **For more information**

For more information, contact

- Jan Norman, RD, CDE, Diabetes Control Program Manager, Washington State Department of Health, 360.236.3686
- Janelle Jacobs, RN, BSN, Project Manager, PRO-West, 206.364.9700, ext. 2114.